

University of Pretoria Yearbook 2022

Sports physiology 722 (MBK 722)

Qualification	Postgraduate
Faculty	Faculty of Health Sciences
Module credits	25.00
NQF Level	08
Programmes	BScHons Sports Science
Contact time	1 lecture per week
Language of tuition	Module is presented in English
Department	Biokinetics and Sports Science
Period of presentation	Year

Module content

The module examines exercise physiology as applied in a sport science context and includes the normal and performance enhancement physiology of bio-energetics, adaptation of the body systems, environmental influences, ergogenic aids and special considerations such as aging, gender, genetics and fatigue.

(1 hour contact time per week with work assignments for the following week).

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